

Daily Word



SEPTEMBER 1994

X

In This Issue

"Who Will Take Care of the Children?"— <i>Martha Smock</i>	2
"Bondage or Liberty, Which?"— <i>H. Emilie Cady</i>	9
Class Thoughts	10
Poems: The Prayer of Faith— <i>Hannah More Kobaus</i>	1
To a Tiger Lily— <i>Eleanor Halbrook Zimmerman</i>	Center
Fragile Things— <i>James Dillet Freeman</i>	Back Cover
Cover in Color— <i>L. O. Huggins</i>	
Center Illustration— <i>Willard Elliott</i>	

DAILY LESSONS FOR SEPTEMBER

1. Guidance	11. Health	21. Ease
2. Adjustment	12. Courage	22. Waiting
3. Protection	13. One Presence	23. Friends
4. Poise	14. Perfect Spirit	24. Patience
5. Peace	15. Faith	25. Change
6. Labor Day	16. Confidence	26. Perfection
7. Help	17. Christ	27. Thoughts
8. God with Me	18. Right Place	28. Opportunities
9. Wisdom	19. Freedom	29. Harmony
10. Success	20. Blessing	30. Order

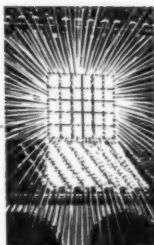
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The Light That

Shines For You



DAILY WORD

Edited under the inspiration of Silent Unity

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No. 3

The Prayer of Faith

God is my help in every need;
God does my every hunger feed;
God walks beside me, guides my way
Through every moment of the day.

I now am wise, I now am true,
Patient, kind, and loving, too.
All things I am, can do, and be,
Through Christ, the Truth that is in me.

God is my health, I can't be sick;
God is my strength, unfailing, quick;
God is my all, I know no fear,
Since God and love and Truth are here.

—Hannah More Kohaus

"Who Will Take Care of the Children?"

MARTHA SMOCK

IN THE early days of Unity, when Charles and Myrtle Fillmore were just beginning their work, Mrs. Fillmore had a vision. To quote from *The Household of Faith*, by James Dillet Freeman: "It had seemed to her that she was one of a vast congregation of people, many of whom were children. The children were completely undisciplined; in great confusion they were pushing and squirming through the crowd. As she watched them, the thought came to her that they needed someone to look after them. 'Who will take care of the children?' she asked.

"Even as she asked the question, it seemed to her as though a tremendous force took hold of her and impelled her to the front of the throng. As she was thus thrust forward, a voice spoke to her and said: 'You are to take care of the children; this is your work.'"

This vision led Myrtle Fillmore to start the Sunday-school work and to begin the publication

of Unity's magazine for children *Wee Wisdom*. All her life she was devoted to the welfare of children and wrote and taught for their benefit.

Most parents want above all else to see their children grow into happy, successful adults. Many times the parent finds himself surrounded by articles and material on child training, and he is beset with suggestions and ideas. From his reading and listening it would seem that the parent knows all the answers; and yet in spite of all the wonderful ideas he has read about in books and heard discussed from the platform, there are the children, pushing and squirming through the crowd, oftentimes completely undisciplined. The parent may feel like giving up; he may ask himself, as Mrs. Fillmore did in her vision, "Who will take care of the children?" The answer is already there for him: "You are to take care of the children; this is your work."

Sometimes the parent seems so unqualified for the job of rearing children that he hesitates to use his own ideas in teaching and training them. He searches for advice and information. He feels that if someone in authority sanctions his reasoning then it may be right. But "if the trumpet give an uncertain sound, who shall prepare himself?" The parent should not be an "uncertain trumpet," and he need not be.

A leading journalist has said that we do not need to be child authorities in order to understand children and their needs. She says, "I remember me." So every parent was once a child; he remembers himself as a child; he remembers his longings; he remembers how he learned and grew. He remembers that he did not love his parents and teachers less because they expected him to abide by the rules, because they expected him to control his emotions and his disposition, because they did not allow him to continue in destructive or foolish ways.

We are "uncertain trumpets" as parents when we waver in our decisions, when we are swayed by our fear that the child will not love us if we discipline him, if we do not allow him to be unruly and disobedient.

If we remember ourselves as children, we remember that we knew when the adults around us were "uncertain trumpets." We did not respect the authority that was not really authority; we did not respect the rules that were laid down with great emphasis one day and ignored from then on.

When we remember ourselves as children what stands out most vividly? Most of us cherish the memory of the persons or the experiences that made us feel capable and worthy even as little children. We think with thankfulness of the ones

who took time and had the patience to teach us how to conduct ourselves, who took our hand as we crossed new thresholds of learning and living, who opened our eyes and our ears and our hearts to the wonders of the world about us and the world within us.

The child who screams if you try to make him mind, who has temper tantrums, who is noisy and destructive needs and wants to learn how to live happily and peaceably with his family and with other persons. He will not love you less because you teach him that his way is not the right way; he will love you more because he will love himself more.

When do we begin to teach children how to act, how to think, how to live? From the moment they draw breath we are teaching them. A tiny baby soon learns how to get attention; he discovers that the world seems to revolve around him. Even with a tiny baby the parents can help him to get the feeling that there are other persons in the world besides him, that the world has not been created just to do his bidding.

But even if we feel that we have somehow gotten off to a wrong start with our child, that he has already formed negative patterns of behavior, it is never too late to begin changing, first, our own thought about him, and then our own thought

about ourselves as parents. As we pray for light and guidance, we will be shown what we can do to help our child; our understanding of him will increase; we will become more aware of his needs; we will begin to see him as a growing and unfolding soul rather than as a "problem child."

The child is an all-important part of the family, of course, but he has to learn to make himself an important and valuable part of life. If he does not learn it as a child, he has to learn it eventually; and the way is harder for a "grown-up child."

"To whomsoever much is given, of him shall much be required." Certainly this is true of parents, for a parent is given the greatest gift of all, the gift of a life to guide and help, the gift of a living soul to love. But with such a gift come requirements. To be a parent calls for wisdom, strength, understanding, patience, love, for all the best that any human being can give.

Parents who read **DAILY WORD** are fortunate, for every day they are thinking about and building into their consciousness ideas that help them to be better parents.

Children respond to our unconscious influence as well as to our conscious influence, sometimes more so. The more loving we are, the more patient we are, the more understanding we are, the more we will influence our children to follow

our unconscious example.

And children are very receptive to true ideas; they accept a belief in God easily and unquestioningly. They long, even as we long, to feel beloved of God, to know that God watches over them. Faith comes naturally to them, and our own faith in God and His goodness is one of the greatest blessings we can give the child. That child is fortunate who has parents who nourish and encourage the spiritual self of him, who help him to come to the place where he discovers for himself the living, loving Christ presence.

In all our teaching and training and guidance of the child we should never lose sight of the truth that he is more than a child—he is God's own creation. He has powers and abilities in him beyond any we could pray for or imagine for him. He has everything in him that he requires for perfect growth and fulfillment. Our part is to nourish and nurture him in his growing period.

Are our children in need of help and guidance? Is our home in need of peace and order? Are our lives in need of happiness and love? Something in us will not let us stand back; something in us will not let us continue to feel helpless and hopeless about the situation; something in us pushes us forward and says to us: "You are the one. This is your work."

AN INVITATION

FROM SILENT UNITY

Have you ever needed help greatly but did not know where to turn? We extend to you a most loving invitation to call on Silent Unity.

For the past sixty years Silent Unity has been praying and working with people from every walk of life.

We do not believe that anything is impossible or incurable. We keep faith with all who call upon us, for we believe in the power of God and in the power of prayer, and we know that God never fails.

If you need us, feel free to call upon us at any time. We may be reached day or night by telephone at BALtimore 4720, Kansas City, Missouri, or by letter at Silent Unity, Lee's Summit, Missouri.

To telegraph, address: Unity, WUX, Kansas City, Missouri. (The WUX code assures direct twenty-four hour connection to a teleprinter in our office.)

"Bondage or Liberty, Which?"

H. EMILIE CADY

The following is taken from the twelfth lesson of Unity's basic textbook, Lessons in Truth, by H. Emilie Cady.

September 13-19 is Lessons in Truth Week, and we urge our DAILY WORD readers to participate in this helpful study period. For further information see the inside back cover.

Each man must sooner or later learn to stand alone with his God; nothing else avails. Nothing else will ever make you master of your own destiny. There is in your own indwelling Lord all the life and health, all the strength and peace and joy, all the wisdom and support that you can ever need or desire. No one can give to you as can this indwelling Father. He is the spring of all joy and comfort and power.

Hitherto we have believed that we were helped and comforted by others, that we received joy from outside circumstances and surroundings; but it is not so. All joy and strength and good spring up from a fountain within one's own being; and if we only knew this truth we should know that, because God in us is the fountain out of which springs all our good, nothing that anyone does or says, or fails to do or say, can take away our joy.

Class Thoughts

Used daily by Silent Unity

PEACE

In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS

Through the Christ Mind you are unified in thought, purpose, and understanding and inspired to right action for the good of all mankind.

ILLUMINATION

(11 a.m.)

I am a child of light, and I joyously acknowledge my Father.

PROSPERITY

(12 noon)

The prospering power of Christ releases and liberates rich ideas in me, and I am prospered.

HEALING

(9 p.m.)

I rest in God, and the joy and strength of His indwelling presence refresh, renew, and restore me.

I DEPEND ON GOD'S GUIDANCE TO LEAD ME
TO MY HIGHEST GOOD.

FREQUENTLY Silent Unity is asked by those who request its prayers to tell them exactly the outer steps to take in handling their personal affairs.

But because we in Silent Unity know that the Spirit of God dwells within the heart of each person, ready and waiting to guide him to his highest good, we do not give specific advice. Instead, we lovingly direct those we pray with to turn to God and receive from Him the true guidance they need in handling their affairs and solving their problems.

If at the present time you need guidance, remember that within you is the light and help you are seeking.

Think about God instead of your problem. You will feel peaceful and relaxed as His light shines in your mind and heart. As you affirm wisdom and light, you will be shown what to do and the way to do it. Your highest good will be revealed to you.

♣ *Jehovah will guide thee continually, and satisfy thy soul.—ISA. 58:11.*

Thursday

SEPTEMBER 2

THE LOVING SPIRIT OF GOD IN ME IS NOW
ADJUSTING ALL SITUATIONS IN MY LIFE.

NOTHING in my life is too complicated for God to adjust. Every situation in my life can be easily solved as I intrust it to His capable care. If there are legal involvements that I do not understand, I do not need to fear, for God will protect my interests to the full.

If there is what seems to be a hopeless entanglement in my human relations, as I trust Him things will work out beautifully for all concerned, and no one will be hurt.

God in me is a Spirit of infinite justice, who never fails to make all things right, if, in spite of appearances, I keep trusting Him, if I keep faith in His presence and power at work in me and in all persons and situations.

God in me is now adjusting all things in my life, and divine justice is now being permanently established in my mind, body, and affairs.

I give thanks to God for His unfailing, all-adjusting love.

*And the crooked shall become straight,
And the rough ways smooth.*

—LUKE 3:5.

I AM CONSTANTLY INFOLDED IN GOD'S PROTECTING PRESENCE AND LOVE, AND HE KEEPS ME SAFE AND SECURE AT ALL TIMES.

IN THE stillness of prayer I feel the protecting love and presence of God infolding and blessing me. His presence is within and about me at all times and keeps me safe from harm.

Prayer helps me to live in the consciousness of His presence and to know that I am divinely watched over and kept secure in all my ways.

Daily I recognize God as my constant guide and help. Wherever I go or whatever I do, I need not lose contact with Him; for wherever I am, God is there, too. Even though I may travel afar or danger may seem to come close to me, I can rest secure in the knowledge that His presence is within and about me both night and day. Trusting Him at all times, I am poised and calm, for He gives me courage and guides me in the way of my good. In the realization of His protecting presence I have no fear. I am courageous, and I meet every experience in life in the assurance that God is with me.

♣ *Fear not . . . I am thy shield.*—GEN. 15:1.

I LET GO OF EVERY TENDENCY TO BE CRITICAL OR IRRITABLE. I AM PERFECTLY POISED IN THE LOVING CHRIST PRESENCE AT ALL TIMES, UNDER ALL CIRCUMSTANCES.

IF WE have allowed criticism or irritation to become a habit with us, we should take steps to replace this negative habit with a constructive, positive state of mind. How are we to do this?

When a thought of irritation or criticism comes to mind we can affirm: "There is no irritation or criticism in me. Through the Christ in me I am poised and loving. I am not disturbed by anything or anyone, for the Christ in me is in perfect control."

We shall not be critical of ourselves or others when we quiet our thoughts, when we let go of our determination to make our own lives or the lives of others conform to what we think is right. We come into a new understanding of ourselves and others when we say in the quietness of our hearts, "Father, let Thy good and perfect will be done in me and in all other persons."

*Great peace have they that love thy law;
And they have no occasion of stumbling.*

—PSALMS 119:165.

Sunday

I NOW BEHOLD THE LIVING SPIRIT OF JESUS CHRIST BLESSING ALL NATIONS OF THE WORLD WITH HIS SPIRIT OF INFINITE PEACE.

THE loving Spirit of Jesus Christ is now inspiring all men and women upon this earth with a desire for peace. His radiant presence is now breathing forth a spirit of good will into every human heart. The infinite wisdom of Jesus Christ is now flowing into the minds of the leaders of all nations and is guiding them to deal justly with their peoples and with one another. The healing Spirit of Jesus Christ is now mightily at work in the midst of mankind, dissolving all greed, all lust for power, all hatred and is unceasingly rooting out all causes of war and contention.

The Spirit of Jesus Christ is giving His wisdom and strength to all members of every international conference body and will let no decisions be made that are not for the ultimate good of all His earthly children. Jesus Christ is in control of the destiny of this earth and is guiding all the nations unerringly into a just and righteous and everlasting peace.

• *My peace I give unto you.*—JOHN 14:27.

Monday

SEPTEMBER 6

"THIS IS THE DAY WHICH THE LORD HATH MADE; WE WILL REJOICE AND BE GLAD IN IT."

WE GET so accustomed to carrying around anxieties and tensions in relation to the demands of our daily lives that when we have a holiday we often find that we do not get the relaxation and renewal from it that we should.

Let this be a day when we actually accept what a holiday has to give. As we begin it, let us lay aside any differences we have with other persons, any problems awaiting solution and yield ourselves to God's loving presence.

Let us look at every person, every scene, every situation without prejudice, as new experiences. Let us find the blessings to be had in this day.

Wherever we spend the day, whether we choose quietness or activity, let us accept freedom and renewal by rejecting any thought or emotion that beclouds spiritual joy. The only thought or emotion we will entertain today is the one that frees and lifts up, that relaxes the nerves and fills the heart with gladness.

♣ *This is the day which the LORD hath made; we will rejoice and be glad in it.*—PSALMS 118:24 (A.V.).

"GOD IS MY HELP IN EVERY NEED;
GOD DOES MY EVERY HUNGER FEED."

SEPTEMBER brings a change in the way of life for many persons. Schools are opening; children are adventuring into the land of books, teachers, and new routine. Some are leaving home to continue studies, to take special training, to find and fill positions. Adults close to these young people must adjust themselves to different hours, unusual preparations, necessary separations. And even if they are not a part of all these changes, most persons find their hearts going out in blessing to those who are.

So today we know that God is a help in every need of the little ones for courage, strength, and happiness; in every need of the teen-agers for wisdom, poise, self-confidence; in every need of the adults for illumination, fearlessness, and patience.

Today we realize that God does feed every hunger. He feeds the hunger of the mind for instruction, He feeds the hunger of the body for perfection, He feeds the hunger of the spirit for expression.

♦ *Fear not, little flock.*—LUKE 12:32.

Wednesday

SEPTEMBER 8

"GOD WALKS BESIDE ME, GUIDES MY WAY
THROUGH EVERY MOMENT OF THE DAY."

"GOD walks beside me."

Not in loneliness walk I, but in perfect companionship; not in fear, but in serenity of faith. Not in darkness, but in the light of God's love, in the radiance of His presence walk I.

"God . . . guides my way."

Whoever I am, whatever I do, wherever I go, God guides my way. Whatever my work, God guides me; He helps me to channel my energies aright. Wherever I go, I have the leading of His love; I am within the circle of His light.

"Through every moment of the day."

Not just in the hour when I pray, but even in the hour when I may doubt, God is with me. Not just in the confines of a lovely church but in the fields and in the cities, in the classrooms and in the offices of state; not just when I am expressing my highest self, but even when I need to be reminded to let my light shine, "God walks beside me, guides my way."

♣ *He guideth me in the paths of righteousness for his name's sake.*—PSALMS 23:3.

Thursday

"I NOW AM WISE, I NOW AM TRUE,
PATIENT, KIND, AND LOVING, TOO."

IS THERE anyone in all the world who has no need for this prayer thought? Is there anyone who has all the wisdom he wants, who is always true to the best he knows, who is never impatient, never unkind, who is forever loving?

As we pray our prayer for today, let us remember the "now" that is emphasized. Not tomorrow, not next year, but right now, this very day I know what to do. I am wise; I am true, I am patient; I am kind; I am loving. Not later, when things are different, will I be wise, true, patient, kind, loving; but under the circumstances of this day, in the environment in which I find myself.

When we are wise we pray for the wisdom of others, when we are true to the Christ within we behold this same Spirit in everyone. When we are patient, kind, and loving we pour out a wonderful blessing upon all:

*Get wisdom, get understanding;
Forget not, neither decline from the words of my
mouth.*

—PROV. 4:5.

Friday

SEPTEMBER 10

"ALL THINGS I AM, CAN DO, AND BE,
THROUGH CHRIST, THE TRUTH THAT IS IN
ME."

HAS SOMETHING challenged you or seemed beyond your abilities or capabilities? Have you been wondering whether you can really do the thing that your heart bids you do; have you doubted that you can rise to the occasion; have you feared that the work or the way of life that promises happiness is beyond you? The thought in our statement for today will help you to know and to understand the Truth about yourself. It will help you to know that through the Christ in you you can do all that is wise, necessary, and profitable for you to do. It will make it possible for you to believe that you can be the strong, courageous, unfettered person you want to be.

"All things I am, can do, and be, through Christ."

Perhaps the idea that the Christ is in you is new to you; nevertheless, it is true. Jesus said, "*Even the Spirit of truth . . . abideth with you.*"

✽ *He shall give you another Comforter, that he may be with you for ever.*—JOHN 14:16.

Saturday

"GOD IS MY HEALTH, I CAN'T BE SICK;
GOD IS MY STRENGTH, UNFAILING, QUICK."

TO KNOW that God is my health, that health is the real state of my being is a wonderful knowledge. To be conscious that I cannot be sick, for with God as my very life all else is passing, is to be conscious of the Truth.

"God is my strength, unfailing, quick." But how often do we deny our strength by going into detail about the things we feel are wrong with our bodies? How often do we deny this unfailing health by claiming that age has weakened us, slowed us down? How often do we put off our restoration to wholeness by placing a time limit on its possible fulfillment?

Our prayer for today is both a denial and an affirmation. It is an opportunity to wipe away the appearance we do not want so that we may see the reality. It is an invitation to reach out to the Christ for healing. By our thoughts, our words, our state of mind we lay hold of the perfection that is our birthright.

"God is my health, I can't be sick;
God is my strength, unfailing, quick."

♣ *Thy faith hath made thee whole.*—LUKE 8:48.

"GOD IS MY ALL, I KNOW NO FEAR,
SINCE GOD AND LOVE AND TRUTH ARE
HERE."

WHEN we know that God is our all, when His goodness is evident to our hearts we are able to assume our right relationship with Him, and we have no fear. Then we know no fear for self or of self; we know no fear of persons, places, situations.

When we know God as love, we are free from doubt or fear. When we know God as Truth we are free from bondage to unwanted habits, unnecessary suffering, unprofitable emotions. There is only order and freedom, strength and perfection, understanding and poise.

When we know that God is our all we have no fear as to the outcome of world events, no doubt as to the ultimate establishment of peace among the nations.

"God is my all, I know no fear,

Since God and love and Truth are here."

"Since God and love and Truth are here," we
know that all is well.

♣ *Peace I leave with you . . . Let not your heart be troubled, neither let it be fearful.*—JOHN 14:27.

THERE IS BUT ONE PRESENCE AND ONE POWER
IN MY LIFE, GOD, THE GOOD, OMNIPOTENT.

NO matter what your need, no matter what the situation before you, no matter what your circumstances, hold to the thought that there is but one presence and one power in your life, God, the good, omnipotent.

There is nothing for you to fear, for "in him we live, and move, and have our being." The presence and power of God, the presence and power of good, surrounds and infolds you at all times.

Even when you cannot see how the affairs of your life can work together for good, keep your faith firmly established in the truth that God is good and that you are one with Him and His good.

You will be transformed; your life will take on new radiance and substance through your positive faith in God's presence and power in and around you, through your faith in God as the source of your life and being.

♣ *Jehovah thy God is in the midst of thee, a mighty one who will save: he will rejoice over thee with joy.*
—ZEPH. 3:17.

To a Tiger Lily

ELEANOR HALBROOK ZIMMERMAN

Not full-flowered did you spring
 Into the glory you have now;
I held your bulb, a dull brown thing,
 Within my hands before the plow
Of wind and sun and good brown earth
 Disclosed the wonder of your worth.

There was a time of darkness then
 Before the first green slender shoot,
A silent space of reaching up
 From prisoning earth and fragile root,
When day by day and hour by hour
 You climbed toward your time to flower.

Not full-flowered, but bit by bit
 Take hope, my heart, as lilies do;
God works, and it is surely fit
 His patience should prevail in you;
The day will come when you will bring
 Your field of bloom—His harvesting!



Tuesday

SEPTEMBER 14

NOTHING CAN HURT ME OR MAKE ME SICK
OR AFRAID. I AM SPIRIT, PERFECT, HOLY,
HARMONIOUS.

“**I** AM persuaded, that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.”

I am persuaded that God is the only presence and power in my life, that through Him I have the power to conquer negation, to rise out of limiting beliefs, to walk free, strong, and unafraid.

I am persuaded that life is without beginning or end, that I am a part of the ceaseless, eternal river of life that flows out from God. I give thanks that my life is God-life, that I cannot be hurt or sick or afraid.

I am persuaded that I live in the love of God, that never for an instant am I separated from Him. In all things, in all circumstances I have God with me as perfect wisdom, perfect power, perfect life, perfect love.

♣ *Whither shall I go from thy Spirit?*—PSALMS 139:7.

MY FAITH IS IN GOD.

WHEN our attention is called to a serious healing need, whether the need is our own or another's, we can steady our faith and renew our trust in God by relying upon His promise, "All things are possible to him that believeth."

There is in every person a healing, renewing, vitalizing power that is quickened through faith and prayer. As our faith is strengthened by the realization that with Him "all things are possible," we are able to rise above doubt and fear and to find peace in the realization that every cell of the body is filled with the life of God.

Through our steadfast faith in His power indwelling we can decree and have faith in life and health, regardless of what the need may be or the seriousness of the situation.

In the faith that "all things are possible to him that believeth" let us decree health and wholeness. Let us know that unfailing life and health and wholeness are God's good and perfect will for all His children.

✻ *Jesus said unto him . . . All things are possible to him that believeth.—MARK 9:23.*

Thursday

SEPTEMBER 16

I TRUST GOD TO ESTABLISH THAT WHICH IS RIGHT, GOOD, AND ORDERLY, BECAUSE I KNOW THAT HE IS PRESENT IN ALL PERSONS AND ALL SITUATIONS.

IS THERE some situation in your life that troubles you or keeps you disturbed or unhappy? You can gain peace of mind concerning it as you say within yourself, "I trust God to establish that which is right, good, and orderly in this situation."

Do not allow yourself to continue in a state of mind that is distrustful, suspicious, or fearful. Remember that at the heart of every situation, at the heart of every person is God. And where God is, right is; where God is, justice is; where God is, good reigns.

Place yourself and all your affairs lovingly in the care and keeping of God and keep your faith centered and poised in Him. Know that His ways are above human ways; that His justice is above man-made justice; that His love is greater than human love; that His power is mightier than the might of men.

Trust God! He will not fail you.

✿ *I beheld the Lord always before my face.*—ACTS 2:25.

THE GLORY OF THE CHRIST CONSCIOUSNESS
NOW AWAKENED IN MY SOUL QUICKENS,
ILLUMINES, AND HEALS ME.

THE glory of Christ is awakened in my soul. What a comforting thought this is! With my heart and mind I feel and know His presence.

The promise contained in the words of Jesus, "Lo, I am with you always," is fulfilled in me to-day as I repeat the words, "The glory of the Christ consciousness now awakened in my soul quickens, illumines, and heals me."

In the consciousness of the Christ I behold my body perfect in every nerve, tissue, and cell. I behold my loved ones as perfect, and I know that they are healed by their own indwelling Christ presence.

Christ's presence in my mind and heart blesses everything I say and do. My life is transformed from this day forward.

I live in perfect health; I am illumined and inspired; I am lifted up and blessed by the glory of the Christ consciousness.

♣ *Lo, I am with you always, even unto the end of the world.*—MATT. 28:20.

Saturday

SEPTEMBER 18

BECAUSE I WORK WITH THE INDWELLING POWER OF GOD, I REAP THE PERFECT EXPRESSION OF HIS GIFTS IN MY LIFE AND AFFAIRS.

THERE IS always a right place for me; there is always some work for me to do. No matter what my age or capabilities, there is a place that needs me.

Wherever I find myself, whatever the tasks before me, I will give the best I have. I will bless my environment; I will bless the tasks at hand. If I have an idea that there is something more I can do, something more I can give, I know that as I do my best today the way will be opened to new opportunities to serve and grow.

Because I work with the indwelling power of God, I reap the perfect expression of His gifts in my life and affairs.

I praise God for His loving care. I look to Him for guidance, and I have great expectancy and great faith that all things are working together for my good.

My supply comes from God. I believe this, and I trust Him.

✿ *To them that love God all things work together for good.—ROM. 8:28.*

I AM UNFETTERED, UNBOUND, TRIUMPHANT,
GLORIOUS, SPLENDID, FREE.

THROUGH the power of the indwelling Christ we can become the conquerors of all negation in life and rise above every limitation that keeps us from expressing the best that is within us. Freedom from limitation and overcoming power come as the result of an inner awakening, an inner realization of the Christ presence and power indwelling within each of us.

This Christ presence and power within us is mightier than any circumstance in our lives. As we affirm our oneness with the Christ within, we find the courage, the faith, and the wisdom to face life and to gain mastery over every limiting condition.

Through Christ we gain the power to let go of every fear, of anything that has bound or limited us. In Him we find perfect freedom, the freedom that sets us free.

We are unfettered, unbound, triumphant, glorious, splendid, free.

♣ *For the law of the Spirit of life in Christ Jesus made me free from the law of sin and of death. . . . the mind of the Spirit is life and peace.—ROM. 8:2, 6.*

GOD IS BLESSING YOU NOW.

IF YOU are concerned about the welfare of some member of your family, or if you are troubled about how your neighbors or friends conduct their lives, the greatest help you can give is to bless them in prayer. Silently say, "God is blessing you now." This prayer frees your mind from any critical, condemning thoughts and helps you to remember that each person is endowed with inalienable rights that should always be respected.

While other persons may not be able in their present state of unfoldment to receive the fullness of your blessing, you can know that in God's good time the blessing of love you send out will bring its own reward.

Place your loved ones, your friends, neighbors, and acquaintances in God's care and keeping. God's Spirit dwells in them—the same Spirit that dwells in you. His Spirit can be relied on to lead them into their highest good. He may not lead them in just the way that you would choose, but you have given your blessing, and the result is in God's loving care.

✿ *Jehovah bless thee, and keep thee.*—NUM. 6:24.

Tuesday

EVERYTHING I DO THIS DAY I DO WITH A
SENSE OF EASE.

TODAY I remember to take it easy, to approach all situations with a sense of joyous trust in God.

Where my work is concerned, I will not drive myself in order to get finished, but I will take time to enjoy every moment of my work until I am finished. Even though my duties pile up, I keep calmly aware of the Christ presence within me, which is helping me to meet all requirements at the right time and in the perfect way.

I never allow myself to become so preoccupied with the situation at hand or with my own thoughts that I forget to look around occasionally and give thanks for life's beautiful blessings.

Even when I am praying about something I remember to pray calmly. I do not mentally fight and struggle with challenges confronting me, but I quietly and joyously keep telling myself that Christ is taking care of all that concerns me, that all is in order, that all is well.

Everything I do this day I do with a sense of ease.

♣ *In nothing be anxious.*—PHIL. 4:6.

Wednesday

SEPTEMBER 22

I WAIT ON THE LORD, AND HIS LOVE
STRENGTHENS MY HEART.

THE heart that has learned to wait on the Lord in times of despair, in times when life seems empty and without meaning has learned that there is a source of strength and renewal present always, that one is never alone in his struggle.

To the heart tried beyond its own strength, to the heart that sees no brightness ahead, we say, "Wait on the Lord, and let His love strengthen your heart." His abiding love responds unfailingly to any heart turned toward Him in willingness to receive.

Let your heart relax in willingness to accept what God will give. You will be rewarded beyond expectation. Strength will come. Renewal will come. They will come, because you have turned your heart toward the one true source of help—God.

Today, no matter what your need, wait on the Lord and let His love strengthen your heart.

♣ *Wait on the LORD: be of good courage, and he shall strengthen thine heart: wait, I say, on the LORD.*
—PSALMS 27:14 (A.V.).

Thursday

EXPRESSING THE CONFIDENCE AND INITIATIVE OF THE CHRIST WITHIN ME, I DEVELOP A LIFE FILLED WITH FRIENDS AND INTERESTING ACTIVITIES.

IT IS said that to have friends it is necessary to develop a genuine interest in people; that it is the content of the heart that draws the affection and appreciation of others. However, there are those who are genuinely interested in others, but who are too shy or self-conscious to let this interest be known. These persons oftentimes find themselves alone, with no outlet for the love in their hearts.

In this instance, the prayer needs to be for confidence and initiative. For, many times, to have friends and a larger life, one needs but to put himself in a position to meet those whose interests are congenial with his own. There are always those who are seeking what we have to give, just as we are seeking what others have to give. When we realize that we are not only in need, but needed, much of our reserve and timidity falls away. And in the sharing of interest and knowledge and appreciation we find friendship and happiness.

• *For every one that asketh receiveth.*—MATT. 7:8.

Friday

SEPTEMBER 24

I AM NOT IMPATIENT FOR RESULTS. I TRUST THE CHRIST IN ME TO WORK OUT ALL THINGS IN HIS OWN BEAUTIFUL AND PERFECT WAY.

IF situations in your life do not seem to be righting themselves as quickly as you would like, do not be discouraged. The healing, harmonizing Spirit of Christ is now mightily at work within your being and will never cease its all-adjusting activity until the desires of your heart are fulfilled. But you must be patient and let God work out things in His own divine time and way.

Although Spirit may not rush and hurry to meet the deadline that you set for yourself, do not interpret this as lack of interest on God's part. Spirit in you knows your needs better than you yourself and will manifest your good at just the right moment, and never an instant too late.

So calm your anxious fears and resist the temptation to force the issues of life. Lean back on the everlasting arms, "and let patience have its perfect work."

✿ *Count it all joy, my brethren, when ye fall into manifold temptations; knowing that the proving of your faith worketh patience. And let patience have its perfect work.—JAMES 1:2, 3, 4.*

I MEET LIFE WITH FAITH AND COURAGE.

WHEN we fear change or struggle against it we stand in the way of our own good. We need continually to broaden the horizons of our lives and to enrich our knowledge of God and of ourselves. Experiences that challenge our capacities help us to grow. It is the one who reaches out to meet life who becomes aware of the greatness of the resources he has to depend on.

When you have to meet change of some kind, remember that in meeting it you will gain. Remember, too, that God has created every person capable of meeting the demands made upon him, so no demand can be made upon you that is beyond your ability to handle in such a way as to profit spiritually.

Do not fear change or struggle against it. Meet it in the knowledge that it has something of value for you; meet it in the knowledge that you are growing and progressing.

✽ *For God gave us not a spirit of fearfulness; but of power and love and discipline. . . . I am persuaded that he is able to guard that which I have committed unto him.*—II TIM. 1:7, 12.

Sunday

SEPTEMBER 26

I MANIFEST INCREASING PERFECTION IN
EVERY PART OF MY LIFE.

IN WHATEVER circumstances I now find myself, I lay hold of the wonderful knowledge that God can and will manifest His perfection through me. My part is a steadfast looking to God, a day-by-day striving to walk in paths of Truth.

The past can be forgiven and forgotten. I can start afresh by looking to God in sincerity and faith. "With God all things are possible." How often these words spring joyously into my mind! Health and prosperity, peace and companionship, achievement and success—all these are part of God's plan of perfection for me.

Life is not static. It moves in one way or another. With my mind stayed on God I find my life moving toward increasing perfection. As I know this truth for those I love, I see their lives, too, moving closer to God. I see them protected, guided, and inspired, I see them filled with peace, joy, and love.

I give joyous thanks to God as His perfection becomes manifest in my life.

✿ *The LORD will perfect that which concerneth thee.*
—PSALMS 138:8 (A.V.).

Monday

TODAY I GUARD MY THOUGHTS, MY WORDS,
MY ACTIONS, SO THAT THEY MAY BE TRULY
ACCEPTABLE TO GOD.

TODAY I guard my thoughts. I let go of negative beliefs or fears and doubts and fill my mind with thoughts of positive power.

Today I watch over every word I speak. I guard against the little negative comments, the expression of momentary doubt or fear, the less-than-true. I speak calmly, positively, letting myself speak only words that are expressive of my inner Christ consciousness.

Today I act in every circumstance the way I think God would have me act. I do the kind and courteous thing; I give help; I give the full measure of service and a little more; I go ahead fearlessly, sure of God's constant help.

Today I guard my thoughts, my words, my actions, so that they may be truly acceptable to God. Today I think, speak, and act from the consciousness of Truth.

*Let the words of my mouth and the meditation of my
heart,
Be acceptable in thy sight.*

—PSALMS 19:14.

Tuesday

SEPTEMBER 28

I DO NOT COMPLAIN ABOUT ANYTHING IN MY LIFE, FOR I BEHOLD ALL THINGS AS OPPORTUNITIES TO GROW STRONG IN THE LORD.

I DO not complain about any situation in my life, for I behold it as an opportunity to exercise my spiritual powers. The person who says or does irritating things enables me to practice control of my temper. The one who tries my patience is an angel in disguise, helping me to acquire great patience. The persons who have offended me are giving me opportunity to learn what forgiveness really means. Those slights and hurts that come my way are opportunities to control my sensitiveness.

The job that I do not relish is preparation for a better job to come, if I can but see it. The unhappy circumstances of my life are favorable occasions to prove the healing promises of God.

I welcome every person and situation in my life and see them as opportunities to grow strong in spiritual understanding. I give thanks for the wisdom God gives me with which to meet all things victoriously.

✿ *Agree with thine adversary quickly.*—MATT. 5:25.

I AM THE LOVING CHILD OF GOD, AND I LIVE
IN HARMONY WITH OTHERS.

IF WE are to have pleasant relations in our family and with those we meet in a business and social way, we first must seek the love of God within our own hearts. Perfect love helps us develop the qualities of tolerance, tact, forbearance, patience, and understanding that are necessary if we are to be harmonious individuals.

No matter how inharmonious a situation may be, we begin to achieve our goal of harmonious relations when we start right where we are to be more tolerant of the beliefs and opinions of others. When we remember that God has fashioned each person in His own image and likeness and endowed each individual with the same basic freedom of thought and action that He has given to us, it becomes increasingly easier to be patient, forbearing, and understanding. Then we can act as loving children of God and say the tactful word that will resolve differences and bring love and harmony into expression. Then we can live in harmony with others.

☛ *Let your forbearance be known unto all men.*—PHIL.
4:5.

Thursday

SEPTEMBER 30

I NOW BLESS MY HOME, MY LOVED ONES, MY WORK, MY LIFE. GOD IS IN ALL; ALL IS IN ORDER.

I NOW bless my home. I bless it with a thought of beauty, of comfort, of order, of peace. I give thanks that God dwells in my home and that all who enter it feel His presence.

I now bless my loved ones. I bless them in the faith that God, who dwells at the heart of their being, is the fulfillment of their every desire, the supply for their every need, the health and strength of their bodies, the happiness and contentment of their hearts, the wisdom and light of their minds.

I now bless my work. I give thanks for the energy, the will, the strength, and the ability to do the things that need to be done by me. I bless my work; I give thanks for it; I see it as a means by which I put God's Spirit into action.

I now bless my life. I bless it with the thought of order, of success, of joy, of inspiration. I give thanks for my life; I acknowledge that the life I live is God's life.

✿ *I will bless thee . . . and be thou a blessing.*—GEN. 12:2.

This Month IN UNITY



Last Term of Training School

The last term of the Unity Training School will open September 6 and close October 1, so if you wish to attend this year your registration should be sent in immediately. At this session you may choose from classes on Bible interpretation and history, either Old or New Testament—on three different Unity books, and on several other subjects. For registration blanks and a free program, write today to the Registrar, Unity Training School, Lee's Summit, Missouri.

Letter from Shipboard

Recently this interesting letter came to Unity headquarters. We would like to share it with you. "I am a German seaman, running on a merchant ship between Europe and South America. Some weeks ago I found by a very curious chance, your little magazine *Daily Word* in a wastepaper box. I read this one copy again and again, and every day I feel that the words bring me closer to God. I am thankful to have this little booklet; it is a precious treasure in my little library.

"Now I should like to ask you if you could send me some other *Daily Word* copies to my home address. My parents will in that case forward them to me because they always know where the ship is. The copies could be used ones, and no matter how old they are, I should be glad to have them. The only trouble is that I have not a single coin or bill American money. I have only some American stamps which I got from our radio operator. However, when in the future I come to the United States, I will send you the money. With thanks in advance, I send greetings to you unknown friends."

Daily Word was sent to this seaman through the Good Neighbor Fund. This fund makes it possible for many persons in foreign countries to receive Unity literature who could not otherwise do so because of currency restrictions. The Good Neighbor Fund is supported entirely by love offerings, and anyone who wishes to have a share in this work may do so.

The Birthday Booklet

Unity's greeting booklet for birthdays, *God Bless Your Birthday*, was published just this summer; but it has already become very popular as a birthday remembrance. It contains a short birthday blessing and prayer for each month in the year, plus poems and articles suitable for birth-

days by many well-known Unity authors.

The cover of the booklet is printed with flowers and a merry little songbird in shades of brown and green. Inside the front cover is a page with space for your name and that of the person who is to receive the booklet. Copies of *God Bless Your Birthday* are priced at 10 cents each or 12 for \$1. Order plenty today so that you will never be caught unprepared when a friend's birthday comes along.

Unity Fall Retreat

The Unity Fall Retreat will be held from October 9 to October 16. Attendance at a Retreat is a most satisfying spiritual adventure. Through the special classes that are offered during this week, and through personal meditation and relaxation amid the beautiful surroundings of Unity Village, you will find spiritual renewal and reawakening. For a free program and for registration blanks, write to the Director, Unity Fall Retreat, Unity School of Christianity, Lee's Summit, Missouri.

UNITY CENTERS

If you are interested in attending a Unity center, consult your phone directory, or write to Unity's Field Department for the location of the Unity center nearest you.

"WHAT WILL YOU DO WITH YOUR LIFE?"

"What will you do with your life?"

"It is up to you. You can do anything, be anything, if you make the right use of the faculties within you. There is no limit to what you can achieve. And you can make your beginning right now, today—for you have within you now all the power and wisdom and talent you will ever need."

Thus begins James A. Decker's challenging article "You Can!" in the September 5 issue of *Weekly Unity* magazine. Mr. Decker goes on to tell how we can use to best advantage the Christ powers that lie within each one of us. This article will help you to see and seize your opportunities.

In addition to its many fine articles, *Weekly Unity* includes inspiring poems, Lowell Fillmore's column, Bible lessons, letters from people who have had their prayers miraculously answered, and many other features. *Weekly Unity* is especially useful because it comes to you every week, like the letters of an old friend. It is priced at only \$1 a year.



UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

A Back-to-School Present

Do you know some child who is going back to school, or perhaps starting school for the first time this month? If you do, now is an excellent time to send that child a subscription for *Wee Wisdom*, Unity's Truth magazine for children.

Wee Wisdom gives children pleasure because it is bright and colorful and packed with interesting stories, poems, features, and how-to-do-it projects. Even more important, however, *Wee Wisdom* helps children to live more happily and successfully because it teaches them at a very early age about the workings of the divine laws. It does this through stories. It does not preach principles; it shows them in action.

For instance, the September issue contains "Big Shot," by Adele Haberlein. This story tells about a boy who enters school in a new town determined to become popular and outstanding. Instead of working to deserve such recognition, he tries to force it by acting the "big shot." The story narrates the events that lead him (and the child reading the story) to understand his mistake.

Send *Wee Wisdom*, the ideal back-to-school present, to some child today. A year's subscription is \$2.

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

ALL THAT YOU NEED

What is your need? Better health? More prosperity? Success in your work? Or some other goal particularly your own?

Whatever your want is, all that you need is waiting for you in God's storehouse. You have only to claim it. The Prosperity Bank plan will help you do this through prayer and a plan of sharing. Each day Silent Unity will pray with you as you meditate and save to send *Daily Word* to others. Their subscriptions begin at once, and you pay for them seven weeks later when you finish the drill. For your Bank, send this coupon to:

Unity School of Christianity
Lee's Summit, Missouri

Here is my order for three DAILY WORD gift subscriptions and a Bank in which to save the \$3 cost of these subscriptions.

1. Name _____

Street _____

City _____ State _____

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City _____ State _____

3. Name _____

Street _____

City _____ State _____

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Please indicate postal zone number, if cities are so divided. 0-9-54

Lessons in Truth Week

"What are usually called the promises of God are certain eternal, unchangeable truths that are true whether they are found in the Bible or the almanac. They are the unvarying statement of facts that cannot be altered. . . . Desire in the heart for anything is God's sure promise sent beforehand to indicate that it is yours already in the limitless realm of supply, and whatever you want you can have for the taking."



Do you have a desire in your heart? By taking part in *Lessons in Truth Week* from September 13 to 19, you can find fulfillment for this desire. In *Lessons in Truth*, the book from which the above passage is taken, H. Emilie Cady tells just how you can claim the good that is waiting for you in the storehouse of God.

Order your copy of *Lessons in Truth*, priced at \$1, from Unity headquarters today. With it, you will receive a study guide giving Bible references and other helpful information. If you already have the book, the guide will be sent free on request.

UNITY SCHOOL OF CHRISTIANITY

Lee's Summit, Missouri

Fragile Things

JAMES DILLET FREEMAN

How fragile is a flower!
It may not last an hour;
Even more fragile are imaginings.

Yet thoughts and flowers both
Possess the gift of growth.
I wonder at the strength of fragile things:

On a harsh peak, where rock
Is shattered by the shock
Of wind and frost, a fragile flower survives

And one Christ-centered thought,
Too tenuous to be caught,
Alters the whole direction of our lives.

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